

## **BRIEF CURRICULUM VITAE**

**Bernard J. B. Kat BA, MSc, DipClinPsychol, CPsychol, FBPSS.**

### **FREELANCE PSYCHOLOGY, PSYCHOTHERAPY AND EXPERT WITNESS SERVICES**

I am in independent practice as a health and clinical psychologist, and as a cognitive behavioural psychotherapist, trading through Psynapse (Psychological Services) Limited, trading as **Psynapse**. I have provided these services part time since 1987. I became self-employed in 2002 when I retired from the N.H.S. I established the company of which I am the sole Director in 2005.

I am also a director of the Association of Clinical Psychologists U.K. C.I.C. and the Centre for Applied Psychology Ltd. I am a Cardiff University accredited Expert Witness. I have provided expert witness services since 1994. I have civil, family and criminal court experience and I am also instructed in criminal, family, personal injury and clinical negligence cases. I am listed in: the Directory of the British Psychological Society; the UK Register of Expert Witnesses; the Expert Witness Directory.

### **PROFESSIONAL REGISTRATIONS**

Registered by the Health Professions Council as a clinical psychologist and health psychologist (number PYL16801) and as a chartered psychologist by the British Psychological Society (number 5372).

Registered as a cognitive behavioural psychotherapist by the British Association for Behavioural and Cognitive Psychotherapies (BABCP) (number 720118).

### **PREVIOUS EMPLOYMENT**

1984-2002 Consultant Clinical Psychologist; Head of Primary Care and Health Psychology, Derwentside Primary Care Trust (formerly Head of Psychology Services, North Durham Health Care NHS Trust; formerly Psychology Services Manager, Community Health Care: North Durham NHS Trust; formerly District Clinical Psychologist, Durham Health Authority).

In both my clinical and managerial responsibilities I was responsible for psychological services for clients of all ages and disorders, specialising in working age adults. Many of my patients suffered psychological disorders resulting from traumatic events and experiences. I was also involved with psychological aspects of primary health care, general medical services, medically unexplained symptoms, acquired brain damage services, systemic approaches to relationship and organisational problems, and public health psychology.

1974-1984 Clinical psychologist (specialist in primary care), Northumberland Area Health Authority.

### **EDUCATION AND QUALIFICATIONS**

Date of birth: 12th December 1946

1970 Batchelor of Arts, with 2nd Class (Division I) Honours, in Philosophy and Psychology; University of Newcastle.

1971 Master of Science (Computing Science); University of Newcastle upon Tyne.

1974 British Psychological Society Diploma in Clinical Psychology (included training in adult mental health, child mental health, learning disability and neuropsychology).

1983 Elected to Fellowship of the British Psychological Society (FBPsS).

1994 Course in Health Economics, University of Aberdeen.

2005 Course on IRRT (trauma imagery rescripting and reprocessing therapy)

2006 Cardiff University Certificate of Expert Witness Accreditation

2008 Short course on prediction of violence using HCR-20.

2012 Member of the UK Psychological Trauma Society, attending their workshops and conferences.

### **PROFESSIONAL RESPONSIBILITIES UNDERTAKEN**

1977-1997 I represented my profession locally and nationally on many occasions, nominated by the British Psychological Society or as part of my NHS responsibilities. I was Chair, the Division of Clinical Psychology 1980 – 1983.

### **CONTACT INFORMATION**

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