

Curriculum Vitae

Otto Albert von Arx

MBChB

MRCS

FRCS (Tr & Orth)

Consultant Orthopaedic Spinal Surgeon

Royal United Hospital Bath

BMI Bath Clinic

Circle Bath

Medical Legal Expert

Otto Albert von Arx

Telephone	NHS	01225 824219
	Private Practice	01761 422258
Nationality	British	
GMC Registration Number	4138642 (Full), 31/01/1995 Specialist Register	
Medical Indemnity	Premier Medical Protection	
Completion of Specialist Training	05/09/2007	
Entry Specialist Register	18/09/2007	
Societies	AO Spine Europe Spine Society of Europe British Assoc .of Spine Surgeons North American Spine Society member Bristol Medical Legal Society Medico Legal Society Medical Legal Expert	

Education

Post graduate	Wessex Region T&O Training Programme	2001-2007
	Exeter Basic Surgical Rotation	1997-2000
University	University of Stellenbosch, South Africa	1987-1993

Academic Qualifications

FRCS (Tr & Orth)	Royal College of Surgeons of England	February 2006
MRCS	Royal College of Surgeons of England	December 1999
MBChB	Univ. of Stellenbosch, South Africa	November 1993

Prizes and Awards

AO Spinal Fellowship Brisbane [Synthes]	2006/2007
Jacques Duparc Award, Top ten presentation, EFORT, Lisbon	2005
Royal Devon Exeter Hospital Audit competition	2001

Orthopaedic and Trauma Appointments

Current Position

Consultant Orthopaedic & Spinal Surgeon

Royal United Hospital Bath

BMI Bath Clinic

Circle Bath

05 February 2009

Previous Appointments

Consultant Orthopaedic & Spinal Surgeon

Dorset County Hospital Foundation Trust

12 November 2007-31 January 2009

Spinal Fellow , North Bristol NHS Trust

1 August -6 November 2007

AO Spinal Surgery Fellow

1 July 2006 – 30 June 2007

AO Clinical Spinal Fellow

Dr R Williams, Dr G Askin, Dr R Labrom

AO Spine Reference Centre

Princess Alexandra Hospital, Brisbane, Australia

Brisbane Private Hospital, Australia

Mater Private Hospital, Brisbane, Australia

Mater Children's Hospital, Brisbane, Australia

Research Spinal Fellow

1 July 2006 – 30 June 2007

Wessex Trauma & Orthopaedics Higher Surgical Training

August 2001- October 2007

Post- Membership Surgical Post:

Royal Hampshire County Hospital, Winchester: Senior SHO

03/08/00 - 31/7/01

Basic Surgical Training Appointments

Royal Devon and Exeter Hospital: Senior House Officer

06/02/97- 02/08/00

Pre Registration Appointments

Tygerberg Surgical Rotation, Cape Town, South Africa : House Officer 01/01/94-31/12/94

Tygerberg Medical Rotation, Cape Town, South Africa : House Officer

General Orthopaedic Experience

My basic surgical training in Exeter provided a balanced introduction and solid foundation in plastic, general and orthopaedic surgery.

The Higher Surgical Wessex Orthopaedic Rotation has enabled me to further expand and consolidate my experience in most sub-specialties within Orthopaedic Surgery .I have undertaken well balanced, supported research and audit projects during my training. This has culminated in local and international podium presentations and publications in peer reviewed journals.

Two years of my training has been dedicated to spinal surgery, exposing me to the full spectrum of adult and paediatric spinal surgery.

I completed my spinal training as the AO Spinal Fellow in Brisbane.

I have worked as a Consultant Orthopaedic and Spinal surgeon since October 2007. I play an active role in general trauma management and partake in an on call trauma rota receiving all trauma from a catchment area of around 500 000.

Medical Legal Experience

I have been acting as medical legal expert including personal injury and medical negligence for over 10 years . My medical legal practice is split 70: 30 between claimant and defendant instruction .My legal practice is split to 70% personal injury and 30 % negligence instructions. I have never received criticism in providing expert medical advice and have never been under limitation as a medical expert.

Trauma Experience

As a consequence of a well structured and supervised 6 years of training, I have acquired and developed a solid knowledge base and the appropriate surgical skills to successfully manage acute trauma.

I have been actively involved and taken the lead role in managing basic and advanced adult and paediatric upper limb and lower limb trauma, with a special interest and exposure to spinal trauma management.

I have obtained an Advanced Trauma Life Support (ATLS) qualification and intend to become an instructor in the future.

I am currently employed as a Consultant with the Royal United Hospital Bath Trust and actively partake in the consultant led trauma service.

Spinal Surgery Experience

My principle interest is spinal surgery. Two six month spinal surgery placements afforded exposure to the full gamut of spinal practice. As a result, I have developed a sound underpinning of spinal surgical practice, including pre-operative, peri-operative and post-operative care of spinal trauma and elective surgical patients.

My AO Spinal fellowship has delivered a comprehensive supervised and unsupervised pre-, peri- and post-operative management programme of spinal patients. The programme has provided extensive practical management of adult spinal trauma, adult degenerative pathology and paediatric deformity.

I have attained experience in:

- anterior cervical decompression and fusion
- posterior cervical instrumentation

- posterior thoracic instrumentation
- anterior thoracic reconstruction for trauma and tumour
- lumbar decompression
- lumbar discectomy
- postero-lateral lumbar instrumentation and fusion
- transforaminal lumbar interbody fusion
- anterior lumbar interbody fusion .
- paediatric deformity surgery
 - Including the use of growing rods
 - Video assisted endoscopic anterior deformity surgery

My current area of interest is in the effective utilisation of a multi-disciplinary team approach, particularly physiotherapy practitioners, for managing spinal surgery referrals and outpatient waiting lists and developing Spinal Surgical training and teaching.

I am a Severn Spinal Network Board Member and Severn Spinal Network Regional Governance Board member.

CV abbreviated for Medico Legal purposes

