

C U R R I C U L U M V I T A E

2024

S A R W A T A . A . S A D E K
MBBCh, FRCSI, FRCS, FRCS(ORL-HNS)

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I

PERSONAL PARTICULARS

SURNAME	SADEK
FORENAMES	SARWAT ABDEL AZIZ
DATE OF BIRTH	10 NOVEMBER 1948
SEX	MALE
NATIONALITY	BRITISH
MARITAL STATUS	MARRIED
NUMBER OF CHILDREN	THREE
ADDRESS	TAUNTON AND SOMERSET NHS FOUNDATION TRUST, MUSGROVE PARK, TAUNTON SOMERSET, TA1 5DA
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E-MAIL	sarwatsadek@doctors.org.uk sarwatsadek@gmail.com
GMC REGISTRATION NUMBER	2905066 (Full Registration Date 24/1/84)
SPECIALIST REGISTER	12 June 2000
N.I. NUMBER	WL 34 13 16 A

II

QUALIFICATIONS

MEDICAL COLLEGE	FACULTY OF MEDICINE AIN SHAMS UNIVERSITY CAIRO (1967-1973)
QUALIFICATIONS	FRCS (England, ad eundem, December 2008) FRCS (ORL-HNS) INTERCOLLEGIATE BOARD EXAM (APRIL 1999) FRCS IN OTOLARYNGOLOGY DUBLIN (JUNE 1983) MB BCh (FEBRUARY 1974)
<i>DATE OF CCST</i>	<i>04 JUNE 2000</i>
<i>Specialist Register</i>	<i>12 JUNE 2000</i>

III

PRIZES AND ACADEMIC AWARDS

MEDICAL COLLEGE SCHOLARSHIP	2 ND , 4 TH & 5 TH YEARS
DISTINCTIONS	ENT OPHTHALMOLOGY GYNAECOLOGY & OBSTETRICS
QUALIFYING GRADE	1 ST CLASS HONOURS

IV

PRESENT APPOINTMENT

- 1- Private Practice at Nuffield Health-Taunton Hospital since 2000
- 2- Contracted with MEDINET, TXM Healthcare, OMNES and 18WEEKSUPPORT for locum duties.
- 3- Weekend ENT clinics in London Chase Farm hospital from 19/06/2021 until 01/08/2021, (270 patients).
- 4- Weekend ENT clinics in Peterborough City hospital from 14/11/2021 until 27/02/2022, (600 patients).
- 5- Mid-week ENT clinics in London with OMNES from 15/08/2022 to present date, (403 patients to present date).
- 6- Weekend ENT clinics in Peterborough City hospital from 21/01/2023 until 12/03/2023, (500 patients, this includes another 2 weekends in May and June).
- 7- Weekend ENT clinics at Hillingdon Hospital from 05/08/23 to present date

V

REGISTRATION AND MEMBERSHIP OF SOCIETIES

- a) Full registration with the General Medical Council (No. 2905066).
- b) Member of the Medical Protection Society
- c) Member of the Court of Examiners for the MRCS, The Royal College of Surgeons of England (2007)
- d) Member of UK Register of Expert Witnesses
- e) Visiting overseas Professor of ENT at Islamabad Medical & Dental College (2009)

VI

PREVIOUS APPOINTMENTS

**1st July 2000 - 5th July 2020. Consultant ENT and Head & Neck surgeon
Taunton & Somerset NHS Foundation Trust
Taunton, Somerset TA1 5DA**

OCT 99 –JUN 00

SPECIALIST REGISTRAR
QUEEN ELIZABETH HOSPITAL
BIRMINGHAM

OCT 98 - OCT 99

SPECIALIST REGISTRAR
CITY GENERAL HOSPITAL
STOKE-ON-TRENT
WEST MIDLANDS

JAN 97 - JAN 98

SPECIALIST REGISTRAR (LAT)
UNIVERSITY HOSPITAL
BIRMINGHAM NHS TRUST
West Midlands

NOV 84 - NOV 96

CONSULTANT ENT and Head & Neck Surgeon
AL QASSIMI HOSPITAL
SHARJAH, U.A.E.

JUNE 81 - NOV 84

REGISTRAR IN E.N.T
WYTHENSHAW & CHRISTIE HOSPITALS

AUG 80 - JUNE 81

SENIOR HOUSE OFFICER IN E.N.T
WYTHENSHAW & CHRISTIE HOSPITALS

AUG 79 - AUG 80

SENIOR HOUSE OFFICER IN E.N.T
HOPE, SALFORD ROYAL &
ROYAL MANCHESTER
CHILDREN'S HOSPITAL

AUG 78 - JUL 79

SENIOR HOUSE OFFICER
IN GENERAL SURGERY
ROTHERHAM DISTRICT GENERAL HOSPITAL

NOV 76 - JUL 78

SENIOR HOUSE OFFICER IN E.N.T
ROTHERHAM DISTRICT GENERAL HOSPITAL

MAR 75 - FEB 76

RESIDENT OFFICER
GENERAL MEDICINE & GENERAL SURGERY
HELIOPOLIS HOSPITAL
CAIRO

MAR 74 - FEB 75

HOUSE OFFICER
GENERAL MEDICINE & GENERAL SURGERY
AIN-SHAMS UNIVERSITY HOSPITAL
CAIRO

VII

EXPERIENCE

1 CLINICAL

I have practiced Otolaryngology for more than thirty years and gained a wide range of experience in adult and paediatric ENT practice in outpatients and theatre.

This experience was expanded especially as a Consultant when I was successfully appointed in a substantive Consultant post in Taunton, Somerset.

SUMMARY OF CLINICAL EXPERIENCE

Otology

I have extensive experience in clinical and surgical otology. I have performed most otological procedures including tympano-mastoid surgery, stapedectomies, bone-anchored hearing aids. I have been exposed to cochlear implant surgery and neuro-otology. I also have experience in special investigations including ABR, autoacoustic emission and image interpretation. I have gained experience in using the KTP laser in otology particularly for the surgery of meatal stenosis, stapedectomies and mastoid surgery.

Rhinology

I also have substantive skills in rhinology especially in functional endoscopic sinus surgery and rhinoplasty, having performed almost three hundred cases of the latter. I have experience in endoscopic dacryocystorhinostomy using the KTP laser.

Head & Neck Surgery

I was the Thyroid Lead for Taunton & Somerset NHS Foundation Trust

I have gained substantive experience in salivary gland, thyroid and head and neck cancer surgery. I have also used the KTP and CO2 laser for laryngeal surgeries. I also managed a number of patients in the special voice and dysphagia clinic where I gained experience in evaluating these patients using fibre-optic endoscopy and video-fluoroscopy. In addition, I managed a large number of patients who underwent primary voice restoration following laryngectomy.

Paediatric Otolaryngology

I gained my experience in the Gulf and this was expanded at Birmingham Children's Hospital where I worked for six months. I managed a great variety of cases with upper airway disorders including stridor, choanal atresia and sleep apnea. I also participated in the cleft palate clinic. I was also exposed to cochlear implant surgery.

I have special experience in the management of congenital choanal atresia having treated several cases and invented the “Sadek Choanal Atresia Stent” which is used worldwide.

2 TEACHING

I was the Specialty tutor for ENT

I was the Assigned Educational Supervisor for the SPR. I plan his training while in our department for 12 months. I assess him on regular basis and I am his mentor.

I was the educational supervisor for the F2 trainees. The F2 trainees are in our department for 4 months and have two formal assessments in that period. I also report to the MMC about their progress.

I have received training in selection methodology for the short- listing and interviewing the ST and FTSTA applicants nationally.

I attended “Training the Trainers course” at Keel University to improve my teaching skills.

I was responsible for the Trust consent policy to the surgical department and newly appointed juniors. This involves lecturing and teaching them about consent and signing them off as competent to seek surgical consent from our patients. This is done with every newly appointed junior.

I was one of the lecturers at our yearly GP training day

I have participated in the training of the nurses for the POAC including consent procedure

I was also a speaker on the Specialist Registrar training day

I was also very active in the clinical teaching of medical students

I am a member of the Court of Examiners for the MRCS, The Royal College of Surgeons of England

To assist Senior House Officers and Casualty Doctors, I have written and published a handbook titled “**Pocket ENT Emergencies**”.

3 MANAGEMENT

I was the clinical service lead for the ENT and Head & Neck department (2009).

I was the departmental lead for patient consent and patient information leaflets.

I have written several surgical leaflets. These leaflets help patients to understand in layman terms the surgical procedure and potential complications. It also outlines the admission process, post operative care and follow-up.

They form an important part of informed consent

I was responsible for the juniors' leave and management of necessary cover.

I was an assessor for PMETB for article 14 applicants.

I attended a clinical management course at Keel University on November 1999 and found it to be very insightful as it highlighted the structure and organisation of management within the NHS. This helped me in my administrative responsibilities in running the department and in dealing with colleagues and patients effectively.

4 MEDICAL AUDIT

As a Consultant and Audit lead, I was in charge of the audit function of the Department. Departmental audits are conducted involving all colleagues in the ENT Department including the nursing staff. This led to changes in practice with new protocols resulting in higher success rates with fewer complications and better outcomes.

Audit projects:

- Management of otitis externa
- Postoperative bleeding in tonsillectomy
- Management of epistaxis
- Outcome of stapedectomies
- Waiting time and complaints in ENT OPD
- Nurse run aural toilet clinic
- Rhinoplasty and patient satisfaction
- Pick up rate of acoustic neuroma

5 SPECIAL INTERESTS

Rhinology, Otology and Thyroid Surgery

6 Medico-legal experience

I started my medicolegal practice in 2000 when I was appointed ENT consultant 1st July 2000.

My areas of expertise are: industrial deafness, occupational rhinitis, facial & neck trauma, traumatic loss of sense of smell & taste, and traumatic deafness, tinnitus and traumatic vertigo. I am happy to report on cause and prognosis and causation. In also report on clinical negligence cases.

The volume of instructions is about 50 per year. Clinical negligence is about 5 per year.

Paediatric cases are more appropriately conducted by a paediatric ENT surgeon.

Claimant/defendant/joint ratio: 90/5/5

I have attended several training medicolegal courses over the years to keep up to date.

Example: civil procedure rules part 35, Courtroom skills, clinical negligence, whiplash and NIHL conference.

I normally write about 60 reports per year.

I have been writing medical report from 2000.

Claim/Def ration 99/1.

I have attended Court only once 20 years ago.

I am ICO registered: number ZA052886

M-NIHL

I am very experienced in military noise induced hearing loss providing 6 reports every week.

I am fully aware of and agree with using the Brian Moore Guidance for quantifying Military NIHL –

Diagnosis and quantification of military noise-induced hearing loss. Brian C. J. Moore J. Acoust. Soc. Am. 148 (2), August 2020.

Guidelines for Diagnosing and Quantifying Noise-induced Hearing Loss Brian C. J. Moore, David A. Lowe, and Graham Cox (2022) Volume 26 1-21 Trends in Hearing.

Brian C.J. Moore, Larry E. Humes, Graham Cox, David Lowe, Hedwig E. Gockel. Modification of a Method for Diagnosing Noise-Induced Hearing Loss Sustained During Military Service. Trends in Hearing 2022. Volume 26: 1–9

Diagnosing Noise Induced Hearing Loss Sustained During Military Service Using Deep Neural Networks. Brian C.J. Moore and Josef Schlittenlacher. Trends in Hearing. 2023. 27:(1-9). DOI:10.1177/23312165231184982.

VIII

PUBLICATIONS

- 1 Congenital Bilateral Choanal Atresia
By **S A A Sadek**
International Journal of Pediatric Otorhinolaryngology Jan 1997 (Vol 42) PP 247-256.
- 2 A novel stenting technique for Congenital Choanal Atresia
By **S A A Sadek**
Revue de Laryngologie Otologie Rhinologie 2000(Vol 121,1) PP 49-51.
- 3 Pocket ENT Emergencies (Handbook)
By **S A A Sadek**
Sable Publishing House, ISBN: 978-1-906255-16-9, June 2008
- 4 Teflon Injection of the Vocal Cords under General Anaesthesia
(Review of 262 cases)
By **S A A Sadek** , W Y Nassar & M A Tobias
The Journal of Laryngology & Otology July 1987 (Vol 101) PP 695-705.
- 5 Carcinomatous changes in Pharyngeal Diverticula
By M E Baraka & **S A A Sadek**
The Journal of Laryngology & Otology May 1985 (Vol 99) PP 297-299.
- 6 Intralaryngeal Arytenoidectomy
A report of six cases
By W Y Nassar, **S A A Sadek**, M E Baraka & P H Jones
The Journal of Laryngology & Otology March 1985 (Vol 99) PP 513-516.
- 7 The Efficacy of Topical Anaesthesia in Flexible Nasendoscopy
A double-blind randomised controlled trial
By **S A A Sadek**, R De, A Scott, A P White, P S Wilson & W V Carlin
Clinical Otolaryngology February 2001 (Vol 26) PP 25-28
- 8 Temporal Bone Dissection – a possible route for Prion transmission?
By A Scott, R De, **S A A Sadek**, M C Garrido & R G Courteney-Harris

Journal of Laryngology & Otology 2001, (Vol 115) PP 374-375

- 9 A Novel Stenting Technique for Congenital Choanal Atresia (Abstract)
By S A A Sadek
Laryngo-Rhino-Otologie March 2000 (Vol 79) PP S268-S269.
- 10 Plasmacytoma of the Nasopharynx
A case report with a follow-up of twelve years
By S A A Sadek, T S Dogra, M K Khan, M E Baraka & N N Sidhom
The Journal of Laryngology & Otology Dec 1985 (Vol 99) PP 1289-1292.
- 11 Metastatic Carcinoma of the External Auditory Meatus
Secondary to Carcinoma of the Rectum
A case report By S A A Sadek N W Dixon & P F Hardcastle
The Journal of Laryngology & Otology Sept 1984 (Vol 98) PP 459-464.
- 12 Pleomorphic Adenoma of the Inferior Turbinate
A case report By M E Baraka S A A Sadek & M H Salem
The Journal of Laryngology & Otology Sept 1984 (Vol 98) PP 925-928.
- 13 Antrochoanal Polyp Presenting with Obstructive Sleep Apnoea and Cachexia
By R J Salib, S A A Sadek, S N Dutt & K Pearman
International Journal of Pediatric Otorhinolaryngology 54 (2000) 163-166
- 14 The diagnostic value of fine needle aspiration in parotid lumps
Ann R Coll Surg Eng, 2013; 95:258-262. (Acknowledged for suggesting and initiating the project and that my name was omitted from the author list in error) Ann R Coll Surg Eng, 2013; 95: 514

IX

RESEARCH & INNOVATIONS

RESEARCH

1) *Efficacy of Topical Anaesthesia in Outpatient Flexible Nasendoscopy*

A double-blinded randomised controlled trial investigating the efficacy of lignocaine, lignocaine with phenylephrine, xylometazoline and no preparation in nasendoscopy.

Conclusion: Xylometazoline was as effective as lignocaine with phenylephrine.

2) *Post-Operative Prophylactic Antibiotics in Tonsillectomy*

A retrospective study of the value of post-operative antibiotics in 834 cases of tonsillectomy by dissection.

Conclusion: There was no statistically significant difference between the proportion of haemorrhage in the groups treated with and without antibiotics.

BOOKS

Pocket ENT Emergencies (Handbook)

By **S A A Sadek**

Sable Publishing House, ISBN: 978-1-906255-16-9, June 2008

INNOVATIONS

My experience with ten cases of congenital choanal atresia led me to develop a new method of using endotracheal tubes for stenting, the results of eight cases of which were published in 1997. The absence of commercially available easy-to-use stent for this condition spurred me to develop a design of my own. Patent No (GB 9918973.0) & (US 6,606,995B1). This has been manufactured by Exmoor Plastics and is now available commercially.

The stent would aid treatment of this condition by reducing operative time tremendously, as they are extremely easy to insert. It will also reduce the incidence of restenosis and reduce the number of surgical procedures to keep the newly formed choanal openings patent.

The device is now regularly used at James Cook University Hospital in Middlesbrough, Radcliff Hospital in Oxford and in Spain with great success and to the satisfaction of the surgeons. The device is cost effective as it reduces operative time and does not require a general anesthetic for its removal, thus avoiding unnecessary complications.

X

PRESENTATIONS

- 1 2nd U.A.E. International Cancer Conference, Abu Dhabi
February 1987
Carcinomatous changes in Pharyngeal Diverticula.
- 2 Fourth Annual International Surgical Conference, United Arab Emirates
December 1994
Congenital Choanal Atresia, Perforation and Dilatation using the Transnasal technique with modification of the perforator and fixation of the endonasal tubes to avoid complications. (Video Presentation)
- 3 International Conference ISO/Institut Georges Portmann

- Royal College of Surgeons in Ireland, Dublin
23 – 25 September 1999
A Novel Stenting Technique for Congenital Choanal Atresia
- 4 4th European Congress of Oto-Rhino-Laryngology, Head and Neck Surgery
ICC Berlin, Germany
13-18 May 2000
A Novel Stenting Technique in Congenital Choanal Atresia
- 5 IFOS The XVIIth World Congress in ENT
28th September-3rd October 2002
A Novel Stenting Technique in Congenital Choanal Atresia
- 6 The British Association for Paediatric Otorhinolaryngology Annual academic Meeting 8th
September 2006 –Birmingham
A New Stent for use in Children with Choanal Atresia
- 7 The AAOHNS annual meeting, Washington DC
15th- 19th September 2007
A New Stent for use in Children with Choanal Atresia (poster presentation)
- 8 A Rare Presentation of Acquired Haemophilia, Potentially Compromising Airway
(SWLA Meeting, 19th November 2009)
- 9 BACO 5th July 2012 (T288)
Luc's abscess: recognition and management of this rare complication of otitis media

XI LATEST COURSES

- 1- Medicolegal Foundation Course Personal Injury Day, Specialist Info., 02/12/2024.
- 2- ENT Conference 14/03/2024

XII QUALIFICATIONS OUTSIDE MEDICINE

OPEN WATER DIVER CERTIFICATE	NOVEMBER 1985
ADVANCED OPEN WATER DIVER CERTIFICATE	DECEMBER 1985

XIII

INTERESTS OUTSIDE MEDICINE

Scuba Diving

I regularly dived in the Gulf and these included night dives. I hope to dive at some stage in the Red Sea and Maldives.

Sea Fishing

I am an avid sea fisherman, and enjoy pursuing my hobby as it is very relaxing.

Music

I enjoy playing the drums with my children who sing and play guitar and piano. My wife also participates, as she is a very good amateur singer.

Motor Biking

I enjoy riding my Harley Davidson XR1200

XIV

FUTURE PLANS

In addition to my previous commitments as a Consultant in the National Health Service, I intend to offer my services to help with the backlog in the NHS as a result of Covid-19.